

RANDOLPH

LACROSSE



Parent Meeting

February 20, 2025



Tonight's Agenda

- Program Overview
- Our Coaches & Our Organizing Committee
- Expectations
- Activities & Events
- Final Comments & Questions

Program Overview



- Founded in 1990
- Approx. 200 Boys; 38 Coaches
- 8 Levels & Introductory Clinic (K/1)
- Spring plus Winter Clinics plus Rising Rams
- Member of NJJLL (North Jersey Jr Lacrosse League)
- Member of USA Lacrosse
- Travel Program (3rd and up)

Program Overview



Program Website: randolphlax.org

Program Instagram: [@randolphboyslax](https://www.instagram.com/randolphboyslax)

League Website: njlacrosse.com

USAL Website: usalacrosse.com



PLAYERS & PARENTS

COACHES

OFFICIALS

PROGRAM LEADERS

OVERVIEW

GET STARTED

GIRLS GAME OVERVIEW

BOYS GAME OVERVIEW

ATHLETE DEVELOPMENT

BOX LACROSSE

YOUTH

HIGH SCHOOL

COLLEGE AND BEYOND

CAMP LISTINGS



Our Coaches

- ✓ Registered With Randolph Rec. Dept
- ✓ Background Checks (twice)
- ✓ Rutgers Safety Clinic
- ✓ USA Lacrosse Certified Coaches
- ✓ Completed Courses On: Concussion, Cardiac/CPR, Cultural Competency & Abuse Prevention
- ✓ Red Cross/CPR Certified

**The Health & Safety
Of Our Players Is Our
Highest Priority!**





Our Coaches

8th Grade

Rob Gleeson

Brian Palumbo

Wojtek Kolbik

Nate Seely

Scott Aiello

Rob Immediato

Bill Rentiers

Andrew Quinlan

Kerry Thibodeau

Team Manager: Noelle Immediato

Our Coaches

7th Grade

Allen Barnett

Todd Minerley

Tommy Palazzo

Brent Rose

Tom Fascia

Team Manager: Sarah Barnett



Our Coaches

6th Grade

Brian Palumbo

Matt Muller

Adrian Vlcko

Eric Pasia

Team Manager: Laura Palumbo





Our Coaches

5th Grade

Elliot Grover

Andre Burke

Craig Myron

Gary Baumwoll

Bruce McConnell

Team Manager: Erin Skidmore



Our Coaches

4th Grade

Rob Immediato

Bill Rentiers

Noelle Immediato

Kevin Lehnes

Nick Caruso

Team Manager: Cathy Tahlmore



Our Coaches

3rd Grade

Dan Gallagher

David Krasnica

Hal Drugac

Alan Arico

Paul Schimpf

Max Diaz

Matt Wachtler

Team Manager: Ashley Gallagher



Our Coaches

1st/2nd Grade

PJ Walerko

CJ Gensheimer

Paul Schimp

Kevin Hennig

David Krasnica

Brian Barkhorn

Max Diaz

Team Managers: Kimberly Gern & Eric Fucito

Boys Lacrosse Organizing Committee

- Elliot Grover
- Joe Nazzaro
- Rob Immediato
- Tara Novak
- Rob Gleeson
- Terri Rentiers
- Dan Gallagher
- Kelly Bourke
- Krista Perren
- Meaghan Tuttle
- Erin Skidmore
- Mike Onysko
- Timienne Fauci





What You Can Expect From Our Coaches

- Health & Safety #1
- Push Them To Improve While Making It Fun
- To Coach In A “Positive” Manner
- To Be Organized, Prepared & Accessible
- To Embrace Important “Life Lessons”

Lacrosse Lessons → Life Lessons

5 Good Habits Of A Randolph Lacrosse Player



Lacrosse Lessons → Life Lessons



5 Good Habits Of A Randolph Lacrosse Player

1

A Randolph lacrosse player comes prepared; arrives early, has all their gear, and is ready to go. When on the field, their mouthguard is in, their shoes are tied, their helmet strapped, and they are ready to rock n roll.

Lacrosse Lessons → Life Lessons



5 Good Habits Of A Randolph Lacrosse Player

2

A Randolph lacrosse player never argues calls. No hands up; no “what was that”; no “you must be kidding!”. They just run back to serve their penalty and if they have questions, they ask their coach.

Lacrosse Lessons → Life Lessons

5 Good Habits Of A Randolph Lacrosse Player



3

A Randolph lacrosse player is focused on the game when on the sidelines. They have their helmet on, are watching what's happening, and are ready to go in at a moments notice. They are never sitting on the bench (unless they are injured).

Lacrosse Lessons → Life Lessons

5 Good Habits Of A Randolph Lacrosse Player



4

A Randolph lacrosse player brings the energy, regardless of if they are on the field or on the sidelines. When not on the field, they celebrate the accomplishments of their teammates. When asked, they echo calls from the coaches for the benefit of the players on the field.

Lacrosse Lessons → Life Lessons

5 Good Habits Of A Randolph Lacrosse Player



5

Randolph lacrosse players appreciate the privilege of playing at whatever facility they are at, and they show that appreciation by leaving the facility, including the bench area, cleaner than when they arrived. They don't care about who made or left the mess.



What We Expect Of You

- Players On-Time & Prepared
- Players Practice On Your Own
- To Inform Of Absences In Advance
- To Observe The “24 Hour” Rule
- **To Uphold Our High Standards For Honoring The Game**



Randolph Code Of Conduct

- Yellow Card & Discipline Policy
- Unacceptable Behavior ->
Sports Program Ethics Committee
- Potential Ban From Attending Practices & Games

Bottom Line... Cheer In A Positive Manner For Both Teams. No Negative Comments Directed Toward Officials, Players, Coaches Or Spectators.



NJJLL League Policy

- Any Ejection (Coach or Player) Results In A **2 Game Suspension**
- Bad Spectator Behavior Can Result In:
 - 1 Minute Penalty
 - 3 Minute Penalty
 - Forfeit

Get Your Equipment Now!

- Stick
- Gloves & Arm Pads
- Shoulder Pads
- Helmet (Randolph Colors: Navy Shell with White)
- Proper Shoes
- Reversible Pinnie
- **Mouthguard & Athletic Cup**



Universal Lacrosse: 1152 Route 10 West, Randolph. 5% Program Discount.

Helmet Handouts

- Saturday, February 22nd
- 11:00 am – 1:00 pm
- **SIGN UP IN ADVANCE**
- 1st – 6th Grade Only
- Community Center: Upstairs
- The player must be present!



USA Lacrosse Membership

- Do It Now!
- www.usalacrosse.com
- \$35 for 1 year
- **New Players Must Age Verify**



Age Verification With USA Lacrosse



- **If You Did It Last Year- You're Good**
- Scan or Take Photo Of Birth Certificate
- Log In To Your USA Lacrosse Account
- Upload Photo To Their System
- They Review Document; Match To DOB In System
- You'll Receive Confirming Email



Game Shorts & Merchandise

- Required: Game Shorts
- Recommended: Randolph Lacrosse Practice Pinnies
- Optional: Other Great Merchandise
- **Sat., Feb. 22nd 11:00 am – 1:00 pm @ Community Center**
- Cash Or Check Only

Freedom Park Snack Bar



- **Good News...**
- **Not Asking You To Work The Snack Bar!**
- **Requesting \$5.00 Donation To Purchase Inventory**
- **Give Donation To Team Manager By March 15th**



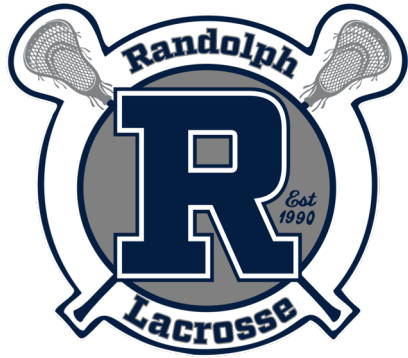
Freedom Park Signs

- Each 3x4 foot sign is \$225
- Will be up for 4 months at FP plus our website
- **Each team MUST sell at least 3 signs**
- Deadline is March 14, 2025
- Provide artwork as a pdf file
- All info & order form on our website

Rutger's Men's Lacrosse Game

- Sunday, April 13th
- 12:00 pm Game
- Pre-Game Tailgate





teamsNAP

- As of now, you should have received:
 - An INVITATION from Team Snap
 - An EMAIL with a initial 'to dos' for your app profile
 - It is the PRIMARY form of all team communication
- **Be sure to add your USA Lacrosse # to your TeamSnap profile!**
- **PRO TIP: Adjust your notification preferences within the app**

Questions or Issues?

- **Erin Skidmore**
- Sweeneyogini@gmail.com
- 646.678.1068



Questions?

Type Them In The Chat Box Please